Rapid Mood Screener (RMS)

Do you have patients who are exhibiting depressive symptoms and a history that may indicate mania?
This patient questionnaire can help you identify when additional assessment for bipolar I disorder is warranted.

Dear healthcare professional, the information on this website and from the questionnaire are not intended to replace your professional/clinical judgment. The content is designed to provide educational information and not intended to define a standard of care or exclusive course of treatment. In using the information on this website, you are responsible for considering the patient's particular situation in evaluating the appropriateness of the information. The Rapid Mood Screener is not a diagnostic tool.

Please select one response for each question.

1.	Have there been at least 6 different periods of time (at least 2weeks) when you felt deeply depressed?	Yes ◯ No ◯
2.	Did you have problems with depression before the age of 18?	Yes ◯ No ◯
3.	Have you ever had to stop or change your antidepressant because it made you highly irritable or hyper?	Yes ◯ No ◯
4.	Have you ever had a period of at least 1 week during which you were more talkative than normal with thoughts racing in your head?	Yes ◯ No ◯
5.	Have you ever had a period of at least 1 week during which you felt any of the following: unusually happy; unusually outgoing; or unusually energetic?	Yes ◯ No ◯
6.	Have you ever had a period of at least 1 week during which you needed much less sleep than usual?	Yes ◯ No ◯

"YES" responses to 4 or more of the 6 items is considered a positive screen providing high confidence for bipolar I disorder, with an estimated 88% sensitivity, 80% specificity, and 84% accuracy

Sensitivity = percentage of patients who have bipolar I disorder that are correctly identified as positive

Specificity = percentage of patients who do not have bipolar I disorder and who are correctly identified as negative

Accuracy = percentage of patients correctly predicted as bipolar I disorder or not